

The Buck Project

Intelligent Kindness

Interpersonal Skills and Personal Development

Learn how to sustain positive relationships and get on with people so that you improve your career opportunities

Course starts

25 Jan 2019

4 Sessions

9.30 am

To

3 pm

The benefits of being "liked"

Verbal and Non Verbal Communication Skills

What to wear and what not to "Do" or "Say"

How to be interested and interesting

Building and sustaining useful relationships and networks

Saying No and removing personal irritations

Elevator Pitches

Session Dates:

◆ Friday 25 Jan 2019

◆ Tuesday 29 Jan 2019

◆ Monday 28 Jan 2019

◆ Friday 1 Feb 2019

**Free &
Fully
Funded**

Funding only available if you are unemployed or on a low income

Book with Eventbrite.

For more details, visit our website at www.buckproject.org

For more information call 01865 598180

Venue

35 Ock Street

Abingdon

OX14 5AG

